



Beaumaris Waves

The Combined Probud Club of Beaumaris Bay Inc.
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President:	Janette James
Immed. Past Pres:	Gary Strahan
Vice-Pres:	Marilyn Hubbard
Secretary:	Faye Wegat
Treasurer:	Joan Fry
Activities Co-ord:	Geraldine McGann
Membership:	Margot Ryan
General Member:	Denise Hesline
General Member:	Pauline Kerr
General Member:	Jim Scott



Meetings: The Club meets at 10.00am on the 3rd Wednesday of the month at the Cheltenham Golf Club, 33 Victor Avenue, Cheltenham (off Weatherall Road).

Apologies: Please ring or text SMS to Margot Ryan (0427 436 693) prior to 7.30pm on Tuesday evening beforehand or by email to: sec.beaubay@gmail.com

Issue date: 9th October 2026

President's message:



Hello Probud Friends - I hope you are enjoying Spring and have now adjusted to Daylight Saving - those longer evenings are certainly welcome! So we are at the start of Seniors Month, with free travel and plenty of activities, talks and workshops available as we celebrate active healthy ageing. I hope you get the chance to enjoy some of what is on offer.

A big thank you to Bill Crawford for entertaining us last month. I'm still amused by the mistaken identity story - and the fact that you were expelled from school for 24 hours! There was certainly so much you could have told us, and I am sorry I had to cut you off after 20 minutes!

This month I have asked Jan Storey and Marilyn Hubbard to continue our discussion on AI, algorithms and data centres, as we seem to be bombarded with new developments and issues surrounding these topics almost every day.

And looking ahead, please join us for our final activity for the year - our Christmas lunch at the Bridge Hotel on Thursday 10th December. It will be a lovely way to finish another busy and enjoyable Probud year together.

Finally, a little request from me: please consider what you might be able to offer our Club. Whether it's helping with an activity, sharing an idea, welcoming someone new or simply lending a hand, every contribution makes a difference.

We are a team, and Probud is at its best when we all contribute, support one another and, of course, have fun along the way! See you at our next meeting.

Janette James

Birthdays: September 23rd – October 22nd



Since I began delving in to the signs of the zodiac, I'm fascinated to see how accurately the star signs are portrayed in our members. This month, we have a number of people born under the Libra star sign. If you know them, do they follow the elements of the sign? Librans are known for their peaceful nature, seeking partnership and fascinated by balance. They enjoy beauty and mental stimulation. Libras are compassionate and empathetic people. They are willing to go out of their way to help others. They dislike conflict and avoid confrontations. With all that in mind, our birthday wishes are extended to Geoff Bakes, Lesley Cotterill, Joan Fry, Johanna Lobert, Helen Lockett, Geraldine McGann, Helen Muter, Liz Paige, Marilyn Scott, Noela Smith, Jan Storey, Errol Stubblety, and Fay Woodrow.

Michele Backholer

Happy 90th John Tinsdale



As was mentioned at our September meeting, hitting 90 is a monumental achievement — mostly because at this point, you've officially outlived your original joints, your doctors' expectations, and most of your favourite brands.

When John was born, sliced bread would have been a mind-blowing new technology. He has mastered the smartphone, even if 90% of his camera shots are accidentally zoomed-in photos of his own forehead.

Reaching 90 comes with ultimate VIP privileges. John can now fall asleep mid-conversation and pretend he was just "reflecting deeply," say whatever he wants with zero filter, complain about life today and reflect on the good old days. Always with a smile on his face, John is worthy of our best wishes.

From all at Beaumaris Bay Probus, Happy Birthday, John.

Steve McColl

Jocelyn Besly



We all know good things come in small packages. And the proof is in a pint-sized lady who has been a very strong and involved member for twenty-five years. One of our Life Members, Jocelyn, has provided the following information so we can all know a little more about her,

Townsville was my father's family residence and I think my mother went there for my birth because Dad was travelling west from Hughenden to the huge sheep stations to bring the bales of wool to Townsville. I have photos of the trucks that he drove and there was no risk of a puncture as the tyres were solid

rubber – probably an uncomfortable trip in those early days.

I was aged three when we moved to Toowoomba. My pre-schooling began at age four and at five, I attended the South State School just along the street.

These were the war years and the best things were the trenches in the school yard (to be used for shelter if there was an air raid) which were great for leaping across.

We moved to a four square mile farm on the Darling Downs when I was eleven. I did Correspondence lessons for a year. No TV in those days so the lessons were sent from Brisbane and a week later the completed exercise book was returned to the teacher for marking and correction. The following year a one-teacher school was opened about four miles away. I was the only pupil in Grade 6 and to get to school I rode a horse. The following year I was sent to Boarding School, New England Girls School (NEGS) in Armidale NSW and at the end of secondary schooling passed the Leaving Certificate. Then I enrolled at Queensland University in Physiotherapy. This was a Diploma Course and we were all girls enrolled for it.

Graduation was in February 1947 as we were kept working in the Brisbane Hospital over the Christmas period.

Before joining Probus I was a member of ITC, a Public Speaking Group, which gave me the confidence to speak at the microphone, something most people dread. I have been a member of Probus for over 25 years and held many positions on the committee. I began as Secretary, moved on to become President, then Past President, Tour Organiser, for both local and overseas trips, Activities Coordinator, and with Graeme Storey, Genealogy group Leader.

Jocelyn Besly

September Speakers: *Convenor: Julie Walsh*



Robert Anderson and Chris Miller – GDR Radio

Our September speakers, Robert Anderson and Chris Miller from Golden Days Radio entertained us with a mixture of history and humour.

Robert and Chris reminisced about their days with radio stations 3DB and 3AK – and the iconic presenters such as Ron Casey who also became a high-profile television personality.

Golden Days Radio was established in 1992 as a special interest station that would cater for listeners over the age of 50 and it broadcasts music from the 1930s to 1980s at 95.7FM. This year, Golden Days Radio celebrates its 35th anniversary.

At the end of their presentation, Robert and Chris held a competition where they asked questions and whoever raised their hand first was invited to answer. Those who answered correctly received a prize – a novel, cookbook and information brochure.

We were also invited to take tours of the studio, which is located at 1236 Glen Huntly Road, Carnegie. (bookings are essential if you're thinking of going!)

Tom Valenta

October Speaker:

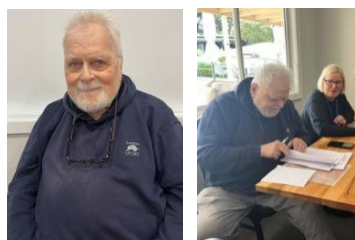
Martin Green – The Story of Beleura Homestead

A few of our members will recall our trip to Beleura Homestead early last year. This property is one of the most beautifully maintained historical mansions. As it was such a lovely property, we thought it would be interesting for those who could not get to visit, to experience a little of the history of Beleura and the families who lived there.

Martin Green is the property manager and has worked in heritage tourism for 24 years. Martin's presentation talks of the history of Beleura which was built in 1865 and the stories of the families who lived there, including the Tallis family, who made their fortune in the entertainment and theatre world of Victorian Melbourne.

Julie Walsh

Caulfield/Melbourne Cups Sweeps: *Peter Pahl*



Kermit the frog once sang that it's not easy being green – judging by the amount of paperwork being handled by Peter – to say nothing of the money that has been collected - I'd say it's not easy being in charge of two horse racing sweeps! Our thanks to Peter and his co-worker Phyl for making themselves available. We are all eagerly waiting to see who became instant millionaires by either winning the

sweep or backing the winner of the Caulfield Cup.

Michele Backholer

Footy Fever:

The AFL Grand Final is done and dusted and congratulations to Brisbane! We are very thankful to those who made our footy parade such a festive affair last meeting!



Jane, Geraldine and Steve



Helen loving her Sandy Zebras.



Jane, who also knits scarves in Melbourne colours!

Group news

Walking group: *Convenor Wendy Crawford* September Walk:



Before our scheduled walk around Karkarook Park, the weather was cold with frequent showers. However, this did not put off our group of hardy walkers and it was looking a little doubtful as to whether we would get a walk, for as we started another shower hit us. We sheltered in the gazebo just over the bridge and we chatted and waited for it to pass, then proceeded to walk the path around the lake. The weather gods rewarded us as the sun started to shine and it became quite a pleasant day. Walking, chatting and noticing the fishermen trying their luck, we made our way back to our starting point. You just never know what you will see or experience on one of our walks, so at the BBQ shelter we gathered for a surprise sausage sizzle, coffee and sweet treats and plenty of lively conversation. Bill did a good job of cooking the sausages, (even if he left the onions at home) and boiling the kettle. There were plenty of willing members, (see photo) who prepared the table, collected the rubbish etc. I am sure a most enjoyable time was had by all.



Watch out Master Chef:



The unexpected! That is exactly what happened at our September walk around Karkarook Park.

Following a very pleasant walk around the lake the group headed to the meeting point expecting to head off to the Golden Arches for morning tea, however, this was not to be as they were met with the Unexpected! Bill Crawford had set himself up under the BBQ shelter and was cooking a sausage sizzle. On the table was a beautiful slice made by Wendy and to top it off, there was the kettle boiling away all ready for a cup of tea or coffee.

What a great surprise, thank you Wendy and Bill from all the group.

November Walk:

We will meet on the corner of Reserve Road and Glenwood Ave (opposite Beaumaris Concourse) at 10.30 a.m. on Monday 2nd November. From here we will walk and explore Glenwood Avenue, Hayden's Road to Donald MacDonald Reserve, Gramatan Avenue, Gareth Avenue and back to the Concourse for coffee at Ginger Fox. See you there. **Wendy Crawford**

Pétanque: *Convenor Steve McColl*



The good news has arrived. Pétanque is officially back!

Pétanque resumed on Wednesday 7th October 2026 at 10.30am on the Beaumaris Oval located behind the Beaumaris Library, Reserve Road, entering off Cloris Ave or Victor Street. After Pétanque we will continue with our usual get-together for coffee and a chat at the Concourse. **Steve McColl**

Ladies Pétanque

Do you enjoy being out in the fresh air and socialising with others? If so, come along to Pétanque and join us. You don't have to be skilful or athletic but enjoy good company. We always go to the Concourse for coffee afterwards which gives us an opportunity to get to know others in the club. If you want more information contact Marilyn H on 0412 336 440. **Marilyn Hubbard**

Craft: Convenor Helen Scott

It was a very diligent group at our last craft get together. Helen was like a woman possessed as she gave us one activity after another to complete. When the dust and perspiration settled a little, we were able to start chatting about something other than our mighty creations! The chat this week turned to a very delicious sounding recipe for apple slice. The way Helen described it had us all drooling – or it might have still been the perspiration dripping from our brows – so here is the recipe and hopefully one or two of our members will give it a go and let us know their verdict.

Michele Backholer

Ingredients



340g pkt golden buttercake cake mix
1 cup (90g) Coles Desiccated Coconut
125g butter, melted
400g can [apple](#) slices
300g light sour cream
1 tsp cinnamon sugar

Step 1

Preheat the oven to 180°C. Grease a 20cm square cake pan. Line base and the two opposite sides with baking paper, extending the paper 5cm over edge of pan.

Step 2

Combine cake mix, coconut and butter in a medium bowl. Press mixture evenly over base of prepared pan. Cook for 15 minutes, or until lightly browned. Cool slightly.

Step 3

Spread apple evenly over base, then spread sour cream evenly over apple and sprinkle with cinnamon sugar. Cook for further 20 minutes, or until sour cream has set.

Step 4

Cool in pan. Cut the slice into fingers to serve.

As an unexpected foot note to this recipe, it was baked by one of our members who advises that some nutmeg in the sliced apple will add a bit of zip to the flavour.

Recipe kindly sourced (and tried) by Brenda Matthews

Out and About: Convenor Pauline Kerr



September: State Library Tour

On 24th September, fifteen of our members visited the State Library for two volunteer-led guided tours, one in the morning and another in the afternoon. There was an opportunity for the two groups to meet over lunch in the Guild Cafe, which necessitated much moving of tables and stools.

The library was established in 1854 as the Melbourne Public Library. It is Australia's oldest public library and one of the first free libraries in the world. The library was designed to be a place of culture, originally combining a library, museum and art gallery.

The original building on Swanston Street has been greatly extended and altered, to provide over time, for the current needs of the community.

The architecture is magnificent, with many of the original rooms restored, altered and expanded, as appropriate for present day use.

The octagonal six storey high, La Trobe Reading Room, with its magnificent dome was a highlight. In past times, it was required to be a silent room. An 'overseer' who was stationed in a central podium to ensure silence, was affectionately called a 'Shusher'.

The viewing of Ned Kelly's armour completed the tour. Many thanks to Pauline for her organisation of the day.

Lyndell O'Brien

State Library Photos



The domed ceiling



3D image of the State Library Complex.



The stern warning "ssshhh Vantage point.



Rapt attention.

October:

Thursday 29th October. Our day trip for October is the "Hoddle Grid – The Great Land Grab" exhibition at the Royal Historical Society of Victoria, which is located at 239 A'Beckett Street, Melbourne (the original Royal Mint). The exhibition explores Melbourne's very first land sale in 1837.

We will travel by train to Flagstaff station then a short walk to our destination arriving at around 10.30.a.m. One of the staff has offered to give us a small talk on the history of the building. It is an easy exhibition to move through at your own pace and entry is free.

Parkance Coffee, Brick Lane, Melbourne, in Guildford Lane and *Rustic warehouse Kimper Café* all nearby, have been recommended for coffee or lunch and with weather permitting, we can walk through the Flagstaff Gardens.

November:

On Thursday 19th November the plan is to catch the ferry from Southbank at 10.30a.m. and go over to Williamstown for lunch then return by train. More news at the October meeting.

Pauline Kerr

Christmas Luncheon



Venue: The Bridge Hotel Mordialloc

Date: 10th December, 2026

Time: 12 noon

Cost: \$65 per head, which will include main course and dessert including a drink on arrival. There will also be a coffee station.

Joy will be available to take names at the September, October and November meetings with payment due no later than the November meeting.

Please come along, we always have such a good time when we get together.

Faye Wegat

The Power of One – it only takes one member to change the outlook for 2027.



Bryce Courtney wrote an amazing, uplifting book called "The Power of One". I'm guessing most of us will have read it. But what has this got to do with Beaumaris Bay Probus Club? After attending a Committee Meeting last month, and recently enjoying a chat with our current Vice President, Marilyn Hubbard, I feel as though I want to join in the quest for new blood. I know a couple of our current committee members are looking forward to handing over the mantle – but to whom? I wonder whether you could be that one person we need to ensure our club stays strong and healthy. Don't wait to be asked – step forward and volunteer for a role – the most necessary one being Vice President for 2027.

If you don't want to consult with a committee member just yet, I am more than happy to have a chat. Just know that you are needed, and that you would be strongly supported by us all. There's a famous quote from an old carnie at the Rye Carnival – "You'll never know if you never have a go."

Michele Backholer

Week Away: *Convenor John Backholer*



February 23rd 2027 will come faster than we all realise so I'm providing some "heads up" information for you to think about. We have 43 members attending this time. What a great number!

Just to keep everyone in the loop, Michele and I went to Queenscliff a couple of weeks ago to continue our brainstorming with Sue (at the information centre). She is currently helping us put together a couple of things to do as a group, as

well as some ideas for you to maybe do on your own.

Tuesday night will be the now famous McColl Quiz night with a BBQ meal. We have the use of the function room for that event.

Wednesday night will be your choice of Bowls or Croquet at the Queenscliff Bowls Tennis and Croquet club, followed by a meal in their bistro. I will be asking at our October meeting for you to decide whether you would like to participate in either sport.

Dinner on the Thursday night has been booked already – The Lonsdale Links Golf Club. Magnificent views are guaranteed and we hope a meal to match! We are still working on the big-ticket item of morning tea, scones, jam and cream. Do any of you have a suggestion for this? It doesn't necessarily have to be in Queenscliff – there are many other nearby locations that would suit our appetites. Please email if you have a suggestion or let me know at our next meeting.

We're certainly looking forward to another fun filled week away.

John Backholer

Stay Safe:



A couple of unsettling occurrences this month a little too close to home! This reminds us to be vigilant at all times. Be aware – not alarmed.

Carrying a personal alarm or pepper spray when out walking is something most of us have never had to think about. BUT it may make you feel more confident and is worth a consideration. Survival Supplies Australia is a good website to start with.

Some ideas were recently published in the Herald Sun newspaper to help identify you may be dealing with scammers. be kept at the back of our minds –

Be Aware of Scammers!

- (1) Don't be rushed slow down and check all details first.
- (2) Verify an online request independently, not by the links you may be given.
- (3) Be alert for impersonators (they can pretend to be banks or businesses).
- (4) Be wary of "too good to be true" deals. Take extra care if offered "investments".
- (5) Protect your details NEVER share passwords or one-time codes.
- (6) Think before clicking – fake websites can look convincing
- (7). Act quickly if something feels wrong – contact your bank immediately.

Michele Backholer

Dolly Parton



We lost someone very special last month. Dolly had such a way with words and her inner goodness shone through in the lyrics of many of her songs.

"If you don't like the road you're walking, start paving another one."

"We cannot direct the wind, but we can adjust the sails."

"If you see someone without a smile, give them yours."

"If you want the rainbow, you gotta put up with the rain."



Calendar of activities 2026

Monday	Tuesday	Wednesday	Thursday	Saturday/Sunday
OCTOBER				
			1	3-4
5 Walk (10:30) Parkdale	6 Mahjong (1.30 pm)	7 Pétanque Committee (1.30 p.m.)	8	10-11
12	13 Mahjong (1.30 pm) Book Group (11:00 am)	14 Pétanque	15	17-18 Caulfield Cup 
19 Craft Group (1.30pm)	20 Mahjong (1.30 pm)	21 General Meeting (10.00 a.m.)	22	24-25 Movies
26 Knitting Group (10:00 am-12:00 pm)	27 Coffee (10:30 am) Mahjong (1.30 pm)	28 Pétanque	29 The Hoddle Grid	31
NOVEMBER				
30				1
2 Walk (10:30 a.m.) Beaumaris	3 Melbourne Cup Public Holiday	4 Pétanque Committee (1:30 p.m.)	5	7-8
9	10 Mahjong (1.30 p.m.) Book Group (11:00 a.m.)	11 Pétanque	12	15 Beau Theatre Georgy Girl (5:00 p.m.)
16 Craft Group (1.30 p.m.)	17 Mahjong (1.30 pm)	18 General Meeting Final meeting 2026	19 Williamstown (ferry and train)	21-22 Movies
23 Knitting Group (10:00 a.m.-12:00 p.m.)	24 Coffee (10:30 am) Mahjong (1.30 pm)	25 Pétanque	26	28-29
DECEMBER				
	1 Mahjong (1.30 pm)	2 Pétanque (FINAL DAY) Resuming 3rd February	3	5-6
7	8 Mahjong (1.30 pm) Book Group (11:00 a.m.)	9	10 Christmas lunch (last gathering for the year)	12-13
14	15 Mahjong (1.30 pm)	16	17	19-20
21 Craft Group (1.30 p.m.)	22	23	24	26-27
28	29	30	31 New Year's Eve	
JANUARY 2027				
				2-3
4	5	6	7	9-10
11 Twilight Gelati Walk 	12 Book Group (11:00 a.m.)	13	14	16-17
18	19	20	21	22-23
24	25	26	27	29-30
31				First general meeting 17th Feb 2027