



Beaumaris Waves

The Combined Probud Club of Beaumaris Bay Inc.

Reg. No. A0042553N

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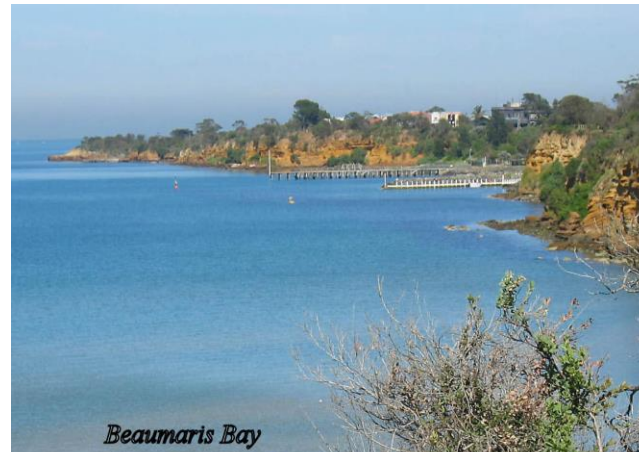
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President: Jim Tomlinson
Immed. Past Pres. Geraldine McGann
Vice-President: Michael Simmons
Asst. Vice-Pres: Gary Strahan
Secretary: Faye Wegat
Treasurer: Joan Fry
Editor: Graeme Storey
Membership: Margot Ryan
Speakers' Panel: Steve McColl
Welfare: Lyn Mather

Meetings: The Club meets at 10.00am on the 3rd Wednesday of the month at the Cheltenham Golf Club, 33 Victor Avenue, Cheltenham (off Weatherall Road).

Apologies: Please ring or text SMS to Margot Ryan (0427 436 693) prior to 7.30pm on Tuesday evening beforehand or by **email to:** sec.beaubay@gmail.com



Issue date: 7 September 2023 (No. 151)

President Jim's message

Club demographic as at 30th August 2023. In the following analysis I have attempted to define the Club so we can properly focus on activities and recruitment policies to best foster the future of the Club. The Club has 89 members, of which 65 are females (73% of the membership) and 24 males (27% of the membership.) There are 34 members aged 80 years and above (38% of the membership) and 55 members under 80 years old (62% of the membership).

From this demographic analysis we can be guided on what we do, where we go in the future and what interests to pursue. I have referenced 80 years-old because travel insurance becomes expensive, and our aches, pains and mobility become an issue.

Retirement age – In 1995 it was 60 years for women and for men it was 65 years. However, in 2023 for both men and women, it is 67 years. In the future it will be 70 years for both men and women. Increasing the retirement age will put pressure on the ability to recruit 'younger' people. Unfortunately, men have a lower life expectancy, and this will be reflected in an imbalance of female/male members.

Activities – While most of us are still managing physical activities, it soon becomes evident that sedentary activities could become more prominent. Then there is the cost of activities. With the ballooning cost of living, those on fixed incomes or pensions are finding it more difficult to support more expensive pursuits. And as we grow older, driving after dark becomes an issue for many.

So, do we have a challenge to find activities that appeal to our members of both genders, and are cost effective and not too physical? I have not set out to identify solutions here but rather to identify what we are up against and need to be mindful of going forward.



September birthdays: We wish Good Health and Many Happy Returns to: Carol Booth; Di David; Anne Duffy; Loyce Gibson; Janette James; Robyn Kennedy; Resi McGrath; Margot Ryan; Jenny Stevenson; John Strauch; John Tindale; Joan Tomlinson.

September guest speaker



Dorothy Coombe will be our September guest speaker. She has been: Past Chair Foodbank Victoria, Past Director Foodbank Australia, Past National President CWA Australia, Melbourne, Victoria. Foodbank is the largest hunger relief charity in Australia. They are the pantry to the charity sector, linking surplus food and groceries to people in need.

As I mentioned at our August meeting, although Foodbank take donations of food items, it was decided that rather than have members bring in items for donation, two of our members have volunteered to make some preserves, relishes, jams and other items which will be displayed and offered for sale to members at our September General Meeting. All monies generated from these sales will be passed directly to Dorothy Coombe as a donation from our club.

Steve McColl (Speaker Co-Ordinator)

Activities

Bridge is played at 1.00pm on the third Tuesday of the month. Inquiries to Lesly Cotterill.

Walking Group (Convenor: Ken Launder; Email: klauder@bigpond.com)



On **Monday October 3** we are travelling to Lilydale to tour the popular local Atheneum Theatre where famous Australian soprano Dame Nellie Melba sang on four occasions during her career. As the walk is being held in Seniors' Week, public transport is free, but you still need to use your Myki.

Catching the 8.49 am train from Mordialloc, 8.51 am Parkdale, 8.53 am Mentone, 8.56 am Cheltenham, 8.58 am Southland and 9.00 am Highett, we will change platforms at Richmond to catch the 9.43 am train to Lilydale arriving at 10.33 am. Following an approximately 20-minute walk to the theatre we will be given a guided tour at 11.00 am when the history of the theatre will be explained.

At the conclusion of the tour, we will have lunch at the Crown Hotel in Main Street, Lilydale.

PLEASE LET ME KNOW IF YOU WISH ME TO MAKE A LUNCH BOOKING FOR YOU

Reports

On Tuesday 29th August, 32 members of our club made their way to Caldermeade Farm in Lang Lang. It was over an hour's drive but well worth the effort. We enjoyed an excellent Morning Melodies followed by a lovely lunch with very efficient service of the meals. Many members then walked around the farm, meeting various animals. As the milking of the cows was later in the day, it unfortunately had to be missed. Although it was a long drive, everyone enjoyed themselves in a very different and unique location. **Joy Meekings**

Footy dress-up this month



We are coming up to the AFL finals and we would love to see you sporting your footy colours at the September General Meeting. Come along wearing a piece of footy clothing, beanie, jumper, jacket, or a combined outfit (shorts if you have good legs!). Prior to morning tea, we will have a bit of fun with a mini footy quiz with prizes for your footy knowledge. The committee would love to see you in your favourite footy team's colours and having a bit of a laugh.

The race that stops a nation ...

You can have a little flutter on the Melbourne Cup by participating in the sweep conducted by Peter Pahl. He will conduct a \$2 sweep and a \$5 sweep with names and money (cash only) to be taken at this month's General Meeting as well as the October meeting. Please support Peter and have a bit of fun, too.

With the Melbourne Cup in November, we're giving plenty of notice to the Ladies to visit their milliners for the latest in fascinators and for the (gentle) men to resurrect their hats for our very own Fashions on the Field. Our Club stewards will pass judgement on the best (or most original?) headgear at the October General Meeting.

Free BBQ

A free BBQ will be held on **Thursday October 5** at 216 Bay Rd., Sandringham, at 5.00pm. Hosted by President Jim, the Club will supply sausages, bread, sauces, salads, tea, and coffee. Members need to bring their own cutlery, glasses, cups, and drinks other than tea or coffee. Limited off-street parking is available – see the map in last month's newsletter.

Xmas lunch

Our Christmas lunch this year will be held at *The Dingley International* on the **7th December** at 12 noon. The cost is \$60 per head with drinks to be purchased at the bar. There will be a coffee station available during and after dessert. Our Secretary Faye is taking names at this month's meeting, or you can ring her on (0409) 265 503 to put your name down. Please feel free to forward your payment to our online bank account, details of which are available on the front of the newsletter, or you can pay via the website.

August picture gallery



Our speaker, Sister Brigid



Steve with our food donations



Strange looking farm animals at Caldermeade Farm



Steve to Scottish Highland Co: "Cannae understand a word you're saying!"



Liz being serenaded on her birthday



Girls having a fun time

BBPC Monthly Activities

Monday	Tuesday	Wednesday	Thursday	Friday
SEPTEMBER 2023				
4 Walk – Jells' park	5 Mahjong (1.30pm)	6 Petanque (10.30am) Committee (1.30pm)	7	8
11	12 Book Grp (11.00am) Mahjong (1.30pm)	13 Petanque (10.30am)	14	15
18 Craft Grp (1.30pm)	19 Mahjong (1.30pm) Bridge (1.00pm)	20 General Meeting (10.00am)	21	22
25	26 Coffee (10.30am) Mahjong (1.30pm)	27 Petanque (10.30am)	28	29 Grand Final Holiday
OCTOBER 2023				
2 Walk - Lilydale	3 Mahjong (1.30pm)	4 Petanque (10.30am) Committee (1.30pm)	5 Free BBQ @ 216 Bay Rd., Sandringham (5pm)	6
9	10 Book Grp (11.00am) Mahjong (1.30pm)	11 Petanque (10.30am)	12	13
16 Craft Group 1.30pm	17 Mahjong (1.30pm) Bridge (1.00pm)	18 General Meeting (10.00am)	19	20
23	24 Coffee (10.30am) Mahjong (1.30pm)	25 Petanque (10.30am)	26	27
30	31 Mahjong (1.30pm)			
NOVEMBER 2023				
		1 Petanque (10.30am) Committee (1.30pm)	2	3
6 Walk	7 Melbourne Cup	8 Petanque (10.30am)	9	10
13	14 Book Grp (11.00am) Mahjong (1.30pm)	15 General Meeting (10.00am)	16	17
20 Craft Grp (1.30pm)	21 Mahjong (1.30pm) Bridge (1.00pm)	22 Petanque (10.30am)	23	24
27	28 Coffee (10.30am) Mahjong (1.30pm)	29 Petanque (10.30am)	30	
DECEMBER 2023 (Tentative)				
4 Walk	5	6 Petanque (10.30am) Committee (1.30pm)	7 Xmas Lunch 12 noon (Dingley International)	8
11	12 Book Grp (11.00am) Mahjong (1.30pm)	13	14	15
18 Craft Grp (1.30pm)	19	20	21	22
25 Xmas day	26 Boxing Day	27	28	29